

# Sacred Initiations

Entry packages – perfect for new clients

## *The Sacred Reset 2 hour \$251*

A gentle yet powerful reset for the nervous system, energy body and emotional field.

This ritual combines vibrational healing with beauty therapy to release stress, rebalance your energy and return you to yourself.

An indulgent full-body and energetic recalibration designed to dissolve stress, soothe the nervous system and restore harmony on every level.

A seamless blend of sacred beauty and vibrational healing, leaving you feeling lighter, clearer and deeply nourished.

Includes:

- Sacred Energy Beauty Ritual (1.45 hrs)
- Collagen healing mask on hand and feet
- Personalised essence or mist recommendation to continue your healing at home

Perfect if you are feeling:

Overwhelmed, disconnected, emotionally heavy, exhausted or simply in need of a full energetic reset.

## *Windows to the Soul Ritual 1 hour \$116*

A soulful beauty ritual infused with subtle energy medicine.

Softens the face while gently realigning your emotional and energetic field — an exquisite introduction to integrative healing.

Includes:

- Eye combo
- Sacred Energy Add-On Healing
- Personalised essence or mist recommendation to continue your healing at home

This is an ideal first experience for clients new to energy work.

# Beauty As Medicine

Where skin, body and energy meet

## *Soul & Skin Alignment 1.5 hours \$197*

A luxurious fusion of holistic facial therapy and energetic alignment.

Emotional balance, lymphatic flow and radiant skin are woven together, allowing your inner harmony to be reflected outward.

Includes:

- Signature Skin Love Facial
- Sacred Energy Healing add on
- Clear Quartz Roller ritual
- Personalised essence or mist recommendation to continue your healing at home

Benefits: Improved skin vitality, emotional balance, lymphatic flow and nervous system regulation.

## *Grounded Goddess Ritual 2 hours \$188*

A deeply nurturing ritual to ground the body, soothe the nervous system and restore presence. This Soothing and restorative ritual reconnects you with your body and the earth beneath you.

Includes:

- Luxury Pedicure
- Sacred Energy Healing add on healing
- Grounding meditation
- Personalised essence or mist recommendation to continue your healing at home

Perfect for clients who feel unanchored, scattered or “stuck in their head”.

# Deep Alchemy

Premium transformation work

## *The Integrative Alchemist Experience 3 hours \$265*

A deeply personalised session blending neurological, energetic and soul-level healing — designed uniquely for you. For those ready to experience meaningful change across body, mind and soul.

Includes:

- Innate Neuro Session
- Colour Therapy infusion consultation
- X2 follow up distance energy session with voice note recording findings
- Take-home energetic prescription x2 (colour, essence, mist, oil )

Available in-clinic or distantly.

This experience is for those ready to create meaningful change on multiple levels of their being.

## *Nervous System Nourish 2.25 hours \$225*

A gentle yet profound recalibration of the nervous system and emotional body. Supportive, restorative and deeply regulating.

Includes:

- Soul Power Session
- Back and foot massage
- Personalised essence or mist recommendation to continue your healing at home

# Essence Journey & Soul Support Distance & Devotion

Remote offerings- Essence & Remedies

## Distance Soul Recalibration 2 hours \$188

A powerful remote healing session working on the etheric body to restore balance, clarity and flow.

Includes:

- Distance Healing Session
- Personalised Flower Essence or Homeobotanical Remedy
- Voice recording detailing what was worked on

Perfect for clients unable to attend in person or who prefer receiving healing from their own space.

## *The Inner Compass- Path to Success 2026 2.5 hours \$260*

A personalised essence journey

This offering is a gentle yet potent energetic mentorship designed to support clarity, alignment and forward movement as you step into 2026.

We begin with a private discovery call to explore where you are, what you desire support with, and where your soul is guiding you next. From this, a bespoke essence blend is created specifically for you — working across emotional, mental, energetic and soul levels.

Over the following weeks, you are held with ongoing check-ins to ensure integration, recalibration and support as shifts unfold. You will also receive a specially crafted Path to Success 2026 Essence, designed to support momentum, confidence and aligned action moving forward.

Includes:

- 10-minute discovery call
- Personalised essence blend crafted for your current needs
- Three fortnightly check-ins for guidance and integration
- Path to Success 2026 Essence

- Gentle energetic support between sessions

This journey is ideal for those seeking clarity, direction and energetic support without in-clinic treatments — a quiet yet powerful companion as you move forward.

This package works beautifully as:

- an entry point for intuitive clients
- an add-on after deep sessions
- a New Year / seasonal offering
- something clients can gift to themselves or others
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*\*All packages are thoughtfully tailored to each client and are booked directly with Alesha ensuring the experience is fully aligned with your unique needs and intentions*